

**Fresh Natural Food Prepared from Scratch
Wednesday Dessert**

Lunch served with: Fresh Vegetable or Salad, Soup or Fruit, & Milk or Orange Juice,

The Carey School Café December 2008

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>1</i></p> <p><i>Chicken Noodle Soup Crispy Turkey Tacos, Refried Beans, Spanish Rice, Salsa & Sour Cream</i></p> <p><i>Or: Turkey and Swiss on Wheat Bread</i></p>	<p><i>2</i></p> <p><i>Red Seedless Grapes Grilled Chicken Pesto Pasta Garden Salad and French Bread</i></p> <p><i>Or: Chef's Salad</i></p>	<p><i>3</i></p> <p><i>Fall Vegetable Soup Chicken Teriyaki Bowl Organic Steamed Rice and Stir Fry Vegetables Orange Wedges Chocolate Chip Cookie</i></p> <p><i>Or: Spinach Salad with Honey Mustard Dressing</i></p>	<p><i>4</i></p> <p><i>Melon Sticks Cheese or Meat Lover's Pizza Caesar Salad</i></p> <p><i>Or: Chicken Salad Sandwich with Wavy Chips</i></p>	<p><i>5</i></p> <p><i>New England Clam Chowder Niman Ranch Burger Garlic Fries Vegetable Sticks with Ranch Dressing</i></p> <p><i>Or: Cobb Salad</i></p>
<p><i>8</i></p> <p><i>Tortilla Lime Soup Steak Burrito with Salsa & Sour Cream Organic Spanish Rice</i></p> <p><i>Or: Grilled Vegetable Panini</i></p>	<p><i>9</i></p> <p><i>Minestrone Soup Three Cheese Macaroni Garden Steamed Broccoli Sliced Seasonal Fruit</i></p> <p><i>Or: Chinese Chicken Salad</i></p>	<p><i>10</i></p> <p><i>Fruit Salad Barbecue Chicken Sandwich Wavy Chips Carrot Sticks with Ranch Dressing</i></p> <p><i>Or: Crisp Garden Greens with Chicken Salad Fudge Brownie</i></p>	<p><i>11</i></p> <p><i>Ambrosia Fruit Salad Pepperoni or Cheese Pizza Garden Salad with Ranch Dressing</i></p> <p><i>Or: Steak Caesar Salad with Cheesy Croutons</i></p>	<p><i>12</i></p> <p><i>Roasted Corn Chowder Organic Fusilli Tossed with Sun- Dried Tomato Marinara Sauce Crunchy Garlic Bread Mixed Garden Vegetables</i></p> <p><i>Or: Roast Beef Sandwich</i></p>
<p><i>15</i></p> <p><i>Beef Barley Soup Cheese Quesadillas with Salsa & Sour Cream Spanish Rice and Ranchero Beans</i></p> <p><i>Or: Southwestern Salad</i></p>	<p><i>16</i></p> <p><i>Apple Wedges Chicken Fried Rice Sauteed Asian Vegetables</i></p> <p><i>Or: Thai Veggie Salad</i></p>	<p><i>17</i></p> <p><i>Butternut Squash Soup Pot Roast with Creamy, Buttermilk Mashed Potatoes Winter Vegetable Medley</i></p> <p><i>Or: Smoked Turkey Baguette Pumpkin Pie</i></p>	<p><i>18</i></p> <p><i>Tangerine Sections Hawaiian or Cheese Pizza Tossed Garden Greens with Ranch Dressing</i></p> <p><i>Or: Tuna Sandwich with Wavy Chips</i></p>	<p><i>Holiday Break</i></p>
<p><i>22</i></p> <p><i>Holiday Break</i></p>	<p><i>23</i></p> <p><i>Holiday Break</i></p>	<p><i>24</i></p> <p><i>Holiday Break</i></p>	<p><i>25</i></p> <p><i>Holiday Break</i></p>	<p><i>26</i></p> <p><i>Holiday Break</i></p>
<p><i>29</i></p> <p><i>Holiday Break</i></p>	<p><i>30</i></p> <p><i>Holiday Break</i></p>	<p><i>31</i></p> <p><i>Holiday Break</i></p>		